

Gautam Kothari, D.O.

Work Experience

Current

Associate Attending Physiatrist
Interventional Pain Management and Sports Medicine
Mercer Bucks Orthopedics

Previous

Associate Attending Physiatrist
Rothman Institute
Philadelphia, PA
Associate Clinical Professor
Department of Physical Medicine and Rehabilitation
Thomas Jefferson University

Sound Shore Medical Center, New Rochelle, NY
St. John's Riverside Hospital, Yonkers, NY
Associate Attending Physiatrist
July 2008 – December 2008

Academic Training

New York Institute of Technology (NYIT), Old Westbury, NY
Bachelors of Life Sciences, June 2000

New York College of Osteopathic Medicine (NYCOM), Old Westbury
NY
Doctor of Osteopathy, May 2004

Internal Medicine Internship
Union Hospital/Saint Barnabas Health Care System, Union, NJ
July 2004 – June 2005

Physical Medicine and Rehabilitation Residency
Nassau University Medical Center, East Meadow, NY
July 2005 – June 2008

Orthopaedic and Spine Specialists, York, PA
Fellow - Interventional Spine/Pain and Musculoskeletal Medicine
January 2009 – December 2009
Clinical Supervisor: Dr. Michael B. Furman, M.D., M.S.

Skills/Competency

Electromyography/Nerve Conduction Studies
Interventional spine procedures including:

Transforaminal epidural steroid injections
Interlaminar epidural steroid injections
Caudal epidural steroid injections
Sacroiliac joint Injections
Trigger point injections
Sympathetic blocks
Medial Branch blocks
Intra-articular facet joint injections
Radiofrequency neurotomy
Spinal cord stimulator trial placement
Discography

*Professional
Organizations*

American Academy of Physical Medicine and Rehabilitation
International Spine Intervention Society
American Association of Neuromuscular and Electrodiagnostic Medicine
Association of Academic Physiatrists

Certification

Diplomate, American Board of Physical Medicine and Rehabilitation
May 2009

Honors/Awards

Chief Resident Department of PM&R, Nassau University Medical Center
July 2007 – June 2008
Phi Sigma Epsilon National Osteopathic Honors Society New York College of
Osteopathic Medicine 2000 - 2004
Cum Laude Graduate New York Institute of Technology, June 2000
Nu Ypsilon Tau Honor Society, New York Institute of Technology 1998 - 2000
Dean's List for Academic Excellence, New York Institute of Technology
August 1997 – June 2000

Publications

Peer reviewed Journal Articles:

Efficacy of fluoroscopically guided, contrast enhanced, Lumbosacral Interlaminar
Epidural Steroid Injections, A Pilot Study **Co-Author** - Pain Medicine Journal
volume 11 issue 9 pp 1328 – 1334, Sept 2010

Upper Extremity Mononeuropathies. **Co-Author** - Knowledge Now American
Academy of Physical Medicine and Rehabilitation 2014

Books:

Pocket Handbook of Spinal Injections **Co-editor** February 2014

Book chapters:

Sacroiliac Joint Injections **Lead author** Atlas of Image Guided Spinal Procedures,
Michael B. Furman, et al. 2013

Interlaminar Epidural Steroid Injections for Treatment of Cervical Radiculopathy **Lead author** Interventional Spine Procedures – A Case Based Approach, Jeremy Simon, et al. 2014

Poster Presentations:

Acute Transverse Myelitis in a Patient Diagnosed with Herpes Simplex Viral Meningitis with a known history of Myasthenia Gravis: A Case Report American Journal of Physical Medicine and Rehabilitation April 2007

Brachial Plexopathy secondary to Right Upper Extremity Subclavian Deep Vein Thrombosis: A Case Report American Journal of Physical Medicine and Rehabilitation April 2007

Psoas Schwannoma causing femoral neuropathy: A Case Report American Journal of Physical Medicine and Rehabilitation October 2013

Adhesive Capsulitis caused by Bilateral Axillary Candida Infections: A Case Report American Journal of Physical Medicine and Rehabilitation October 2013

Manic Episode following Epidural Steroid injection: A Case Report American Journal of Physical Medicine and Rehabilitation October 2013

