



If a referral is required by your health insurance please provide the following information to your primary care physician in order to have a correct referral in a timely manner:

Name of Facility:

**Mercer Bucks
Orthopaedics**

NPI# 1801843511

Name of procedure:
electromyogram (EMG)

Procedure Codes:

95860, 95861, 95934,
95900, 95903, 95904

**Mercer Bucks
Orthopaedics**

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Your EMG Exam at Mercer Bucks Orthopaedics

What is an EMG?

- An electromyogram (EMG) measures the electrical activity of muscles at rest and during contraction. Nerve conduction studies measure how well and how fast the nerves can send electrical signals.

How would I prepare for an EMG?

- **PLEASE ARRIVE 15 MINS PRIOR TO EXAM TIME**
 - IF YOU ARE LATE THE EXAM YOU MAY NEED TO BE RESCHEDULED
- **PLEASE** eat a meal/snack prior to your EMG exam
- Do not smoke for 3 hours before the test.
- Do not drink a beverage that contains caffeine (such as coffee, tea, and cola) for 2 to 3 hours before the test.
- Wear loose-fitting clothing so your muscles and nerves can be tested. You may be given a hospital gown to wear.
- Avoid using any creams or lotions on the day of the test.
- If you have edema in your extremities, please wear your compression stockings, elevate above the heart and avoid salt in an attempt to decrease the swelling

Tell your doctor if you:

- Are taking any medicines. Certain medicines that act on the nervous system (such as muscle relaxants) can change electromyogram (EMG) results.
- Have had bleeding problems or take blood thinners, such as warfarin (Coumadin), aspirin or heparin.
- Have a pacemaker.

How will the exam feel?

- You may feel some pain or discomfort, but most people are able to complete the test without significant difficulty.
- Afterward, the muscle may feel tender or bruised for a few days.
- EMG/NCS has potential for adverse side effects including nerve/artery/vein injury or infection